

TIME	MON	TUE	WED	THU	FRI	SAT	SUN
5:00 AM				DOORS OPEN			
5:15 AM							
5:30 AM	WIGNITION		WIGNITION		BIGNITION		
5:45 AM		BOXING		CARDIO KICKBOXING			
6:00 AM		Boxina		OANDIO NIONDOANIA			
6:15 AM 6:30 AM							
6:45 AM	WIGNITION		IGNITION		WIGNITION		
7:00 AM	-		*		-		
7:15 AM							
7:30 AM							
7:45 AM							
8:00 AM		CARDIO CONNECT		CARDIO CONNECT			
8:15 AM				-			
8:30 AM							
9:00 AM						⊗<i>ign¶tion</i> Boxing	
10:00 AM							
	BOXING	BOXING	BOXING	CARDIO KICKBOXING	BOXING		CARDIO KICKBOXING
11:00 AM							
	<i>®IGN1TION</i>		VIGNITION		FIGNITION		
12:00 PM							
				12:00 - 4:30 PM			
4:30 PM	<i>® I GN 4 T I I ON</i> ® I GN 4 T I ON [6-12ye]	* * * * * * * * * *	YOUTH ®IGN7TION BOXING [6-12yo]	₹1 GN:171ON YOUTH BOXING [13-17yo]	IGN7TION		
5:30 PM							
5:45 PM							
3 .5	<i>®IGN</i>3TION BOXING	©IGN7TION BOXING	<i>© IGN</i>7TION BOXING	<i>®IGNITION</i> CARDIO KICKBOXING	BOXING		
6:30 PM	_		_				
6:45 PM							
				12:00 - 4:30 PM			
9:00 PM				DOORS CLOSE			